



Bethany Bible Study & Discussion

Sermon on the Mount (Part-7)

Wednesdays
8-9 PM

DO NOT WORRY

9.08.21

(Matthew 6:25-34)

Introduction: What is the interpretation of “Therefore (25)”?

Personal Reflection: What do we worry about? What problem does worrying solve? How do we cope with worrying?

Jesus Perspective: How many questions does Jesus ask? Why shouldn't we worry? How can we stop worrying? How must our seeking be different from unbelievers? What is the Kingdom of God & His Righteousness? Does God give us everything if we seek Him First?

Other questions: Is the Lord discouraging us from planning for the future? Is the Lord discouraging us from working? Is worrying a sin?

Therefore - ? (25, 31, 34)

Therefore ... logical conclusion based on what has been discussed,

Since we will be seeking heavenly treasures (20)

Since we will have a heavenly vision (22)

Since we will have one master (24)

THEREFORE we will not worry, we will seek His Kingdom first

Because of 24 ... therefore (25)

Because of 26-30 ... therefore (31)

Because of 32-33 ... therefore (34)

WORRY of Believers and Unbelievers

UNBELIVERS WORRY ABOUT

Current Crisis and
Uncertainty of Future

- Jobs, Visas
- Children, Spouses, Friends
- Wealth, Food, Shelter, Car
- Education
- Weather
- **And much more**

BELIEVERS WORRY ABOUT



WORRY

UNBELIVERS WORRY ABOUT

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BELIEVERS WORRY ABOUT

All that Unbelievers worry about



+ some also worry about

- Assurance of salvation
- Presence of God during trials

How many questions
does Jesus ask?

Eight Questions of Jesus, 6:25-34

1. Is not your life more than meat, and the body than raiment? (25)
2. Are ye not much better than they (26) (fowls of the air)
3. Which of you by taking thought can add one cubit unto his stature (27)
4. Why take ye thought for your raiment? (28)
5. Shall he not much more clothe you, O ye of little faith? (30)
6. What shall we eat? (31)
7. What shall we drink? (31)
8. Wherewithal shall we be clothed? (31)

What's your Answer?

Eight Questions of Jesus, 6:25-34

1. Is not your life more than meat, and the body than raiment? (25)

Life has a greater purpose!

2. Are ye not much better than they (26) **We are more precious!**

3. Which of you by taking thought can add one cubit unto his stature (27)

We have no power to change the future with 100% certainty

4. Why take ye thought for your raiment? (28)

Even Lilies are clothed by God ... why won't God provide for us?

5. Shall he not much more clothe you, O ye of little faith? (30)

Yes, our faith is little! He gave His life for us, why won't He give me clothes?

6-8 What shall we eat? (31) What shall we drink? (31) Wherewithal shall we be clothed? (31)

That's what the world worries about ... our priorities must be different!

Why should we not worry?

(at least, six reasons)

(6:25-34)

Why should we not worry?

1. Because it is God's commandment (25)
2. We are more valuable than birds (26)
3. It does not change anything (27)
4. Shows our lack of faith (30)
5. It makes us like unbelievers/gentiles (32)
6. Lord knows what we need (32)

Other reasons

- Can impact our health, emotions, relationships
- Chokes the Word and makes us unfruitful (Mathew 13:22)

How can we overcome
worrying?

How can we overcome worrying?

1. Shift our burden (I Peter 5:7)
2. Shift our focus to heavenly things (Colossians 3:1, Mathew 6:33,)
3. Shift our focus to God (Pray, Philippians 4:6-7)
4. Shift our focus to others
5. Trust in God's sovereign power and supreme love for us (Romans 8:32)
6. Control our thoughts, mind (II Corinthians 10:3-5, Isaiah 26:3)
7. Seek counsel of godly believers
8. Seek medical help, if worrying leads to physical health complications

Our seeking (32)

Our seeking, Our ambitions must be different from the world

- Gentiles seek earthly, temporal things
- We must seek heavenly , eternal things
 - If we seek, we will find (Mathew 7:7)

Seek Kingdom of God and His Righteousness (33)

- Seek Him, His Kingdom, and His way of Living
 - We must be different from the world
- We must make a deliberate choice to Choose God's ways

Does God give us everything if we make Him our first priority? (33)

YES

or

NO

Does God give us everything if we make Him our first priority? (33)

Our “wish list” changes once we make God #1

- The “new wish list” is perfectly aligned with God’s perfect will
- Since everything in the new list is in His perfect will, He gladly gives us everything.
- Therefore, the answer is **YES**
- **Commit** your ways to the Lord and He will **fulfill** the desires of your heart (Psalms 37:5) ... Committing will change our desires

Is Jesus prohibiting planning for future?
Is Jesus prohibiting working?

YES

or

NO

Is Jesus prohibiting planning for future?
Is Jesus prohibiting working?

NO

- He is commanding us to not let **worry cloud our Trust** in Him
- We must **not be obsessed** with our personal selfish earthly needs
- God understands we need food, clothing, shelter ... **God understands money is needed** as the medium of exchange

Scripture fully supports Planning ahead and Working hard

Is worrying a sin?

THOU SHALT NOT KILL

(Exodus 20:13)

is it a Sin to Kill?

DO NOT WORRY

... is not a recommendation

... it is a commandment

... to disobey a commandment is a sin

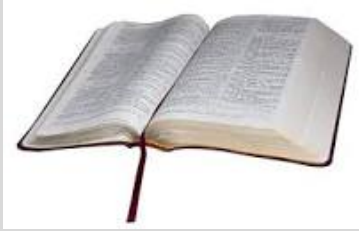
... **so worrying is a sin**

if we confess our sin, he is faithful and just
to forgive us our sins (**I John 1:9**)

Why Worry? ... just PRAY

Do not be **anxious** about anything, but in every situation, by **prayer** and petition, with thanksgiving, present your requests to God. And the **peace** of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7, NIV)

Worry → Prayer → Peace



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