



# Bethany Bible Study & Discussion

## Ephesians, Chapter 6:10-24

### Believer's WARFARE

Wednesdays  
8.00-9.00PM

**Believer's WARFARE (10-17):** 'Finally' (what does it mean)? How can we be strong for the warfare? Who are we fighting? Who are we not fighting? What are examples of devil's wiles or schemes? (Principalities and Powers: What does it mean? Where do they operate from? Who created them? Who rules over them? What will be their end? ) Who all are present in the 'heavenly places'? What is role of the six pieces of the armor? What is the benefit of putting on the 'whole armour'? Who has access to this special armour? Can all failures in a believer's life be traced to not putting on the armour? Can believers be demon possessed?

**Believer's PRAYER (18-20):** What role does prayer play in our warfare? How are we asked to pray? What is different about Paul's prayer request?

**CONCLUSION (21-24):** Who was Tychicus and what role does he play in this epistle? What are Paul's final words to the congregation?

**Personal Reflection:** *Are we winning the spiritual warfare?*

7.07.21

# Ephesians 5:1-6:18



# Believer's Warfare (10-13, 14-17)

'Finally' (what does it mean)? How can we be strong for the warfare? Who are we fighting? Who are we not fighting? What are examples of devil's wiles or schemes? What is the role of the six pieces of the armor? What is the benefit of putting on the 'whole armour'? Who has access to this special armour?

Can all failures in a believer's life be traced to not putting on the armour? Can believers be demon possessed?

(Principalities and Powers: What does it mean? Where do they operate from? Who created them? Who rules over them? What will be their end? Who all are present in the 'heavenly places'?)

# Finally,

**Finally** - Paul's conclusion based on all that he has taught us so far:

- Richness & Completeness of our spiritual blessings (chapters 1-3)
- High calling of our Walk as Believers (Chapters 4:1-6:9)

## **Key exhortations**

- Be Strong in the Lord (10)
- Stand (11,13,13, 14)
- Put on the whole armour of God (11,13)

# Be Strong (10, 11)

## Source of our Strength:

In the Lord (Power of His might + Whole Armour)

It is not our power or wisdom or experience ... **it is all about Him**

\* also mentioned in Paul's prayers (Ephesians 1:19-23, 3:20)

\* we need spiritual, emotional, physical strength to fight battles of life

## We are victorious In the Lord ... His might

I can do all things **through Christ** who strengthens me" (Philippians 4:13)

not by might nor by power, but by **My spirit,**' says the Lord of hosts (Zechariah 4:6)

Put on the whole armour of God, that ye maybe able to stand against the wiles of the devil (11) (13)

## **PUT ON**

We have to make a choice to receive His power and be strong

## **WHOLE ARMOUR**

Not partially dressed but fully dressed & equipped for the battle

## **PURPOSE**

- To remain standing (Satan is also pictured standing, I Chronicles 21:1)
- To deflect and defeat the wiles (schemes) of the devil

# What schemes does Satan deploy to make us stumble and fall? (11)

**Deception/Temptation** of the eyes, flesh, pride

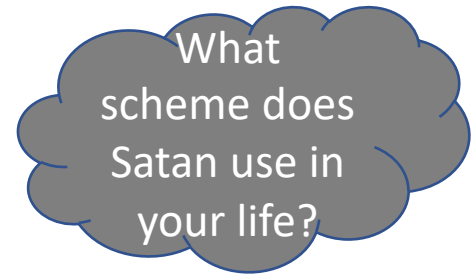
**Discouragement**

**Distractions** that hinder practice of Acts 2:42 (word/prayer/communion/fellowship)

**Disillusionment** to focus on earthly/temporal blessings rather than heavenly/eternal riches

**Divisions** by sowing discord & conflicts to weaken our relationships & unity

**Double life** (compromised life)



# The enemy (12)

**Wrestle** ==> Active war (not like a dormant volcano but an active volcano)

**The enemy:** Invisible, wicked spirit



Not flesh & blood (not family, friends, bosses, church, terrorists)

Satan, fallen angels, demonic forces, evil spirits

**Location:** Spiritual wickedness heavenly places (Air between earth and the stars)

**Who is Present in heavenly places:**

Christ (Ephesians 1:20), Believers (Ephesians 2:6) Evil forces (Ephesians 6:12)



# Secret of Victory in Warfare



# Know the enemy & his strategy...

## Satan (many names, see later slide)

- ❑ Satan attacks at our weakest point ... what should be our **response**?
  - we must know our weaknesses;
  - Response ... stand up & fight with spiritual armour (Ephesians 6), (Resist, James 4:7; Hide, Proverbs 22:3; Run, Genesis 39:12)
  
- ❑ It is an **ongoing battle** (departed from Jesus for a season, Luke 4:13)
  - we must be always ready for Satan's surprise attacks
  
- ❑ Satan is powerful and has many schemes (as seen before)... don't be proud or underestimate him (I Corinthians 10:12)
  - **but Our God is greater!** (see next slide)

# Know our Savior: our God is greater

- **HE IS THE HEAD** And ye are complete in Him, which is the **head** of all principality and power (**Colossians 2:10**) and having spoiled principalities and powers, he made a show of them openly, **triumphing** over them in it (**Colossians 2:15**)
- **HE DESTROYS DEVIL** For this purpose, the Son of God was manifested, that He might **destroy** the works of the devil (**I John 3:8**)
- **WE ARE SECURE IN HIM** **Nothing** can separate us from the love of God ... nor principalities nor powers ... more than **conquerors** (**Romans 8:38-39**)  
Wicked one cannot touch us (**I John 5:18**)
- **THE END OF DEVIL** Then cometh the **end**, when he shall have delivered up the Kingdom of God, even the Father; when he shall have **put down** all rule and all authority and power (**I Corinthians 15:24**)

# Some of the titles given to Satan

Devil, Satan, Old Serpent, Deceiver, great dragon (Revelation 12:9)

Accuser (Revelation 12:10)

Prince of the air (Ephesians 2:2)

Prince of this world (John 14:30)

Beelzebul (Prince of the devils) (Matthew 12:24)

Ruler of demons (Matthew 9:34)

Evil one (Matthew 13:19)

Enemy (Matthew 13:39)

Liar (John 8:44)

Lucifer (Isaiah 14:12)

God of this world (II Corinthians 4:4)

Roaring Lion (I Peter 5:8)

# Some of the titles given to Jesus ..

The Bread of Life (John 6:35)

The Light of the World (John 8:12)

The Gate for the Sheep (John 10:7)

The Good Shepherd (John 10:11)

The Resurrection and the Life (John 11:25)

The Way, the Truth, and the Life (John 14:6)

The True Vine (John 15:1)

Wonderful, Counsellor, Mighty God, Everlasting Father, Prince of Peace (Isaiah 9:6)

**And many more wonderful names!**

## The 6-piece Armour:

1. Belt
2. Shield
3. Shoes
4. Sword
5. Breastplate
6. Helmet

# Armour of God

Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand (Ephesians 6:13 KJV).

## Belt of Truth

(Ephesians 6:14)

## Sword of the Spirit

(Ephesians 6:17)

## Feet of Peace

(Ephesians 6:15)

## Helmet of Salvation

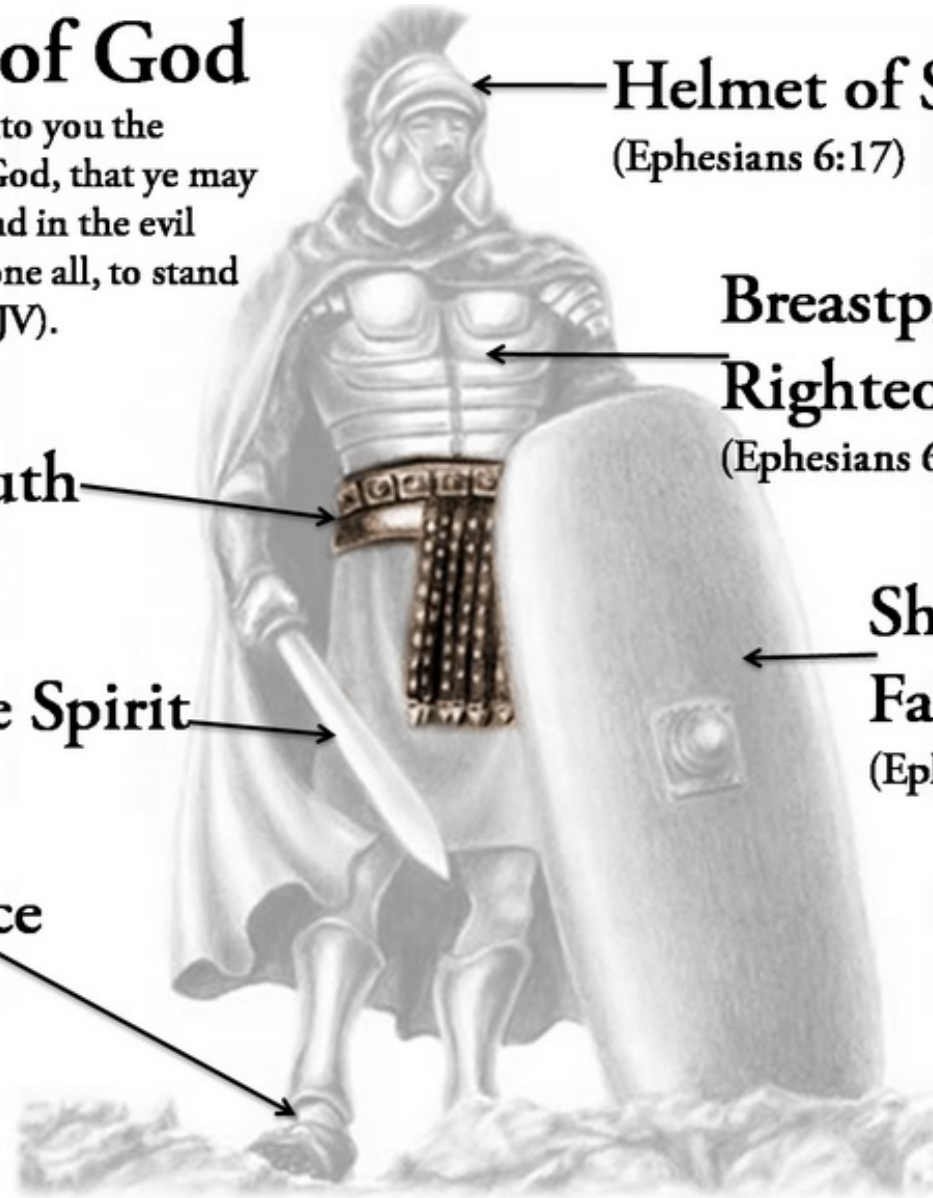
(Ephesians 6:17)

## Breastplate of Righteousness

(Ephesians 6:14)

## Shield of Faith

(Ephesians 6:16)



# Belt of Truth (14)

**Belt** ... keeps everything secure and together

Our life must be secured by truth. Lies and hypocrisy are from Satan.

**TRUTH** ... We must **Know** the Truth, **Believe** in the Truth, **Act** in Truth

Jesus is the Truth (John 14:6) Spirit of truth is in us (John 14:17)

Thou desirest truth in our inner part (Psalms 51:6)

A life of Truth is critical to winning victories and for our personal testimony

# Breastplate of Righteousness (14)

Protects our vital organs, the heart

**Out of the heart proceeds defilement ... Mathew 15:18-20**

- For a believer, righteousness of Christ is imputed ... it gives us confidence to enter holy of holies for grace and mercy (**Hebrews 4:16**), there is no condemnation to those who are in Christ Jesus (**Romans 8:1**)
- We must strive to live a **righteous life** (right living in the eyes of the Lord)



# Feet prepared with gospel of peace (15)

Our **Feet** must be prepared and ready to proclaim the gospel of peace ... we must be instruments of peace and reconciliation

**Gospel** leads to **Peace** ... Peace with God, Peace with others, and Peace in our hearts.

How lovely are the gospel feet (**Isaiah 52:7**) (**Mathew 28:18-20**)

- We can stand strong since we have accepted the gospel (that gives us peace within and with God)

# Shield of faith ... to fight fiery darts (16)

- This is the victory over the world, even our faith (1 John 5:4)
- Faith is our invisible weapon to conquer the invisible enemy!
- Our faith represents our faith in the wonderful attributes of God (His power, His sovereignty etc.), faith in the salvation plan, faith in the eternal promises of God .... **With such faith we can defeat all the fiery darts!**

“Faith is the substance of things hoped for, the evidence of things not seen” **Hebrews 11:1**

“I am Thy Shield” (**Genesis 15:1**)

# Helmet of Salvation (17)

- **Helmet** protects our head from evil thoughts, Satan's deception, and poor judgement;
- **Salvation** ... an eternal gift that Satan cannot snatch (**John 10:28**)

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, **think on these things.**

**Philippians 4:8**

# Sword of the Spirit (17)

Jesus overcame temptations by using The Word (Matthew 4)

Scripture can be used to fight and defeat every argument and deception of Satan. When we are ignorant of scriptures, we become easy victims of Satan (including false teachings)

Thy word have I hid in my heart that I may not sin (**Psalms 119:11**)

All scripture is profitable for doctrine, reproof, correction, instruction in righteousness ... to make us perfect and equipped for good works (**II Timothy 3:16-17** )

# Can believers be demon possessed?

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**NO ....**

We are indwelt by the Holy Spirit (II Corinthians 6:14-18, Ephesians 1:13-14) ... there is no room for evil spirit ... Holy spirit and evil spirit cannot co-exist.

The attacks we face are from outside, not from within.

We have been delivered from the power of darkness, and transferred into heavenly kingdom (Colossians 1:13) This position cannot be reversed. We have authority to cast out demons from unbelievers in the name of Jesus (Luke 10:17)

# Prayer (20)

- **Always** (I Thessalonians 5:17, pray without ceasing)
- **In the spirit** (Romans 8:26 ... Spirit maketh intercession)
- **Watching** (Matthew 26:41 ... watch & pray that you enter not into temptation)
- **With perseverance** (Luke 18:7 ... shall God not avenge His own elect who cry out day and night)
- **Pray for for all saints and our personal spiritual warfare**

# Paul's selfless prayer request (19-20)

- Utterance
- Boldness
- To make known the mystery of the gospel
  - Shows Paul's humility and dependence on God's grace even though he was a gifted speaker with much experience, knowledge, and courage.
  - Do we depend on God to fulfill our divine calling?
- Paul's prayer request is for the fulfillment of the gospel mission given to him by the Lord (not on personal material needs, or freedom from prison)



# Role of Tychicus

- Messenger of Paul (II Timothy 4:12 ... Tychicus sent to Ephesus)
- Beloved brother and faithful minister in the Lord
- He brought the epistle to Ephesus and also updated the local believers on the condition of Paul (Colossians 4:7)

# Paul's final greetings

Peace. LOVE. Grace.

# Personal Reflection

ARE WE WINNING THE  
SPIRITUAL WARFARE?



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