



Bethany Bible Study & Discussion

Ephesians, Chapter 4 (21-32)

The New Man

Wednesdays
7.30-8.30PM

Continued from last week ... The Gift (7-16): How are these gifts supposed to operate? What goals are these gifts supposed to accomplish? When can we consider the church growth to be healthy?
Walk of Gentiles (17-19): How is walk of sinners different from those of the redeemed?

The Old man and the New man (21-24): Who is the 'old man', and What happened to the 'old man'? (two other references to the Old man: Romans 6:6, Colossians 3:9) How would you describe the new man in one or few words or a sentence?

The Behavior of New Man (25-32): What are some qualities that Paul lists for the character and behavior of new man? Are these qualities easy to practice?

Personal Reflection: *Does our walk resemble the walk of the Old Man or the New Man?*

6.9.21

Why are spiritual (leadership) gifts given? (12)

5 gifts: Apostles, Prophets, Evangelists, Pastors, Teachers

Other gifts: Romans 12, I Corinthians 12

WHY GIVEN? ...

Equipping all the saints so that they may grow in maturity

Equipped saints **serve** in the ministry

The serving edifies and **strengthens** the local church

EQUIPPING/Training → Qualified to SERVE → STRONG church
(church/believers becomes weak when saints are not equipped well
or equipped saints are not given an opportunity to serve)

Desired outcomes from operation of the Gifts (13-16)

Goals (13-14):

- Reach **UNITY** of the Faith (or spiritual unity)
- Grow in the **knowledge** of the son of God
 - Growth to the fullness of measure of Jesus himself
 - Shed childishness - immaturity, instability, failing victims to false teaching
 - Maturity (Colossians 1:28, 4:12; Hebrews 5:13,14; Hebrews 6:1) Growth (Ephesians 2:21-22)

When will these goals be attained?

Healthy Growth (15-16)

Speak the truth in Love

- Do not compromise/lie/sugarcoat core doctrines/teachings of our faith

Direction of Growth - towards the Head (Jesus is the goal of our growth and also the source of our growth)

Scope of Growth - all members must grow and contribute to the effective growth of local assembly. Members must not be spectators. Everyone has a role to play.

- Organic growth occurs when all members exercise their gifts (similar to how the physical body grows)

Walk of Gentiles (17-19)

How is walk of sinners different from those of the redeemed?

The walk of Gentiles (17-19)

Darkness of mind/understanding:

- To know God is wisdom (Proverbs 9:10) Fools say there is no God (Psalms 53:1)
- If a brilliant person is not saved, they are foolish and their understanding is darkened and their life is alienated from God.

Blindness of heart

- A heart that is not responsive to God's voice leads to moral failures (Mathew 15:18-19) and a life of spiritual poverty, regret, and losses.



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The Old man

Who is the 'old man'?, and what happened to the 'old man'? (Two other references to the Old man: Romans 6:6, Colossians 3:9)

How would you describe the new man in one or few words?

Good News: The old man is dead!

After born-again experience, we cannot continue to serve sin or law

- Knowing this, that **our old man is crucified** with him, that the body of sin might be destroyed, that henceforth we should not serve sin. He that is dead is **freed from sin**” (Romans 6:6-7)
- ”But now we are **delivered from the law**, that being dead wherein we were held; that we should serve in newness of spirit, and not in the oldness of the letter. (Romans 7:6)
 - If free => we are no longer under the “authority” of sin or law, as before!

Bad News: The old man is dead! But sometimes we resurrect the old man!

After born-again experience, we must not continue to serve sin or law:

- If free, we are no longer under the “authority” of sin as before!
 - Yet, we may go back to bondage (Galatians 4:9)
- We must follow Paul’s example and declare “I am crucified with Christ” (Galatians 2:20) and let the Holy Spirit give us victory over flesh.
- “For you are dead, and your life is hid with Christ in God ... **mortify therefore your members** and have put on the new man (Colossians 3:1, 5, 10)

First Adam (disobedient) and Last Adam (obedient and sinless)

Romans 5:12-21

- “For as by one man's disobedience many were made sinners, so by the obedience of one shall many be made righteous” (19)

I Corinthians 15:20-49

- “But now is Christ risen from the dead, and become the firstfruits of them that slept (20) For as in Adam all die, even so in Christ shall all be made alive (22)
- The first man Adam was made a living soul; the last Adam a quickening spirit (45)
- The first man is of the earth, earthy; the second man is the Lord from heaven (47)

Put on the New Man (24-32)

Who is this “New Man”?

- a dead-made-alive man (Ephesians 2:5)
 - a Born-again man (John 3:5-8)
 - Last Adam (I Corinthians 15:22, Romans 5:12-21)
 - a man with new clothes (Isaiah 61:10)
 - a man with new heart and new spirit (Ezekiel 36:26)
 - a man with imputed righteousness (I Corinthians 1:30)
 - chosen one, royal priesthood, holy (I Peter 2:9)
 - death-proof (John 3:16, I Corinthians 15:55-57)
 - man with a mission (Hebrews 12:1)
- ... and many more glorious descriptions ... it is good to be a “new man”!

The new man behaves differently: what's your score? 😊 Maximum = 9

No Lying

Hardworking

Controls Tongue

Not Angry for long

Generous

No Negative emotions

Honest

Does not Grieve
the Holy Spirit

Positive emotions

The new man behaves differently:

#1 Does not lie (25)

Devil is “father of lies” (John 8:44)

Jesus is “The Truth” (John 14:6) God does not lie (Numbers 23:19)

Do not lie ... you have put off the old man (Colossians 3:9-10)

Flattery is also lying/deceptive/deceitful (Romans 16:18, Proverbs 26:28)

Lying lips are an abomination to the Lord (Proverbs 12:22)

Warning: Destiny of liars ... lake of fire ... second death (Revelation 21:8)

- Cannot build a relationship or church when there is no truth among the members.
- Motive for not lying: We are one body (25). Lies can destroy the body (for example, if eye lies to the feet, the consequences can be fatal!)
- **HELP** is only a prayer away “Deliver my soul, O Lord, from lying lips, and from a deceitful tongue” (Psalms 120:2)

The new man behaves differently:

#2 Does not remain angry for ever (26)

Anger is a natural emotion
... but must be controlled through love, humility, patience, and tolerance

New man ... may also get angry
but does not remain angry for an extended time
24 hours is a good time limit 😊
beyond a reasonable time, anger can bring much damage in a church/relationships

“A soft answer turneth away wrath” (Proverbs 15:1) “Be slow to anger ... Wrath of man does not work the righteousness of God” (James 1:19, 20)

Anger is a sign of a foolish person

- **Proverbs 14:29** “He that is slow to wrath is of great understanding”
- **Ecclesiastes 7:9** “Anger resteth in the bosom of fools”
- **Proverbs 29:11** “A fool uttereth all his mind; but a wise man keepeth it till afterwards”
- **Proverbs 15:18** “A wrathful man stirreth up strife: but he that is slow to anger appeaseth strife”
- **Proverbs 16:32** “He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city”

The new man behaves differently: #3 is Honest (28)

“He that is unjust in the least is also unjust in much” (Luke 16:10)

“Better is little with righteousness than great revenues without right”
(Proverbs 16:8)

“Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's” (Matthew 22:21)

The new man behaves differently: #4 is Hardworking (28)

- “And whatsoever ye do, **do it heartily**, as to the Lord and not unto men” **Colossians 3:23**
- “Whatsoever thy hand findeth to do, do it with thy might”
(Ecclesiastes 9:10)
- “in all labor there is profit: but the talk of the lips tendeth only to penury” **Proverbs 14:23**
- **Blessing** “The hand of the diligent shall bear rule” **(Proverbs 12:24)**
- **Warning** “yet a little sleep, a little slumber ... so shall thy poverty come **(Proverbs 6:10,11)**

The new man behaves differently: #5 is Generous

- “God loves a cheerful giver” (II Corinthians 9:7)
- “Give and it shall be given unto you” (Luke 6:38) “Give to every man that asketh of thee; and of him that taketh away thy goods ask them not again “ (Luke 6:30)
- Withhold not good from them to whom it is due, when it is in the power of thine hand to do it (Proverbs 3:27)
- “And sold their possessions and goods, and parted them to all men, as every man had need” (Acts 2:45, Acts 4:34)

The new man behaves differently: #6 Controls the tongue (29)

“Let your speech be always with grace” (**Colossians 4:6**)

“A wholesome tongue is a tree of life” (**Proverbs 15:4**)

“Death and life are in the power of the tongue” (**Proverbs 18:21**)

“There is that speaketh like the piercings of sword; but the tongue of wise is health” (**Proverbs 12:18**)

“out of the same mouth proceedeth blessing and cursing. My bretheren, these things ought not so to be” (**James 3:10**)

Prayer: “Set a watch, O Lord, before my mouth;
keep the door of my lips” (**Psalms 141:3**)

The new man behaves differently: #7 Does not grieve the Holy Spirit (30)

Holy Spirit is a Person and is Grieved by:

- * actions/thoughts that are contrary to the will of God (lying, anger, dishonesty, bitterness, hatred etc.)
- * when we submit to flesh rather than the Holy Spirit
- * when we lack holiness in our life (our body is the temple of the “Holy Spirit”)

The new man behaves differently: #8 displays no negative emotions

Bitterness – unresolved issues/unforgiveness lead to bitterness;

Wrath – outburst of anger, excessive anger

Anger

Clamor – shouting loudly

Evil Speaking

Malice – hatred, intentional anger

The new man behaves differently: #9 shows positive emotions

Kind

Tenderhearted – compassionate

Forgiving ... just as Christ forgave us (and continues to forgive us)

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what's your score? 😊 Maximum = 9

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Personal Reflection

How is your **WALK**?



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